

SREB

Crisis Recovery Network

Linda Tyree

Program Director

Saturday, June 21, 2025

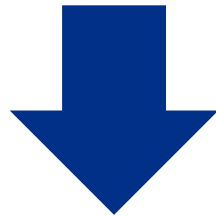
School Impacting Crises

- Personal
- Collective
- Catastrophic

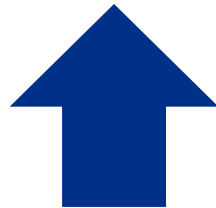


So how can you predict the impact of a crisis event?

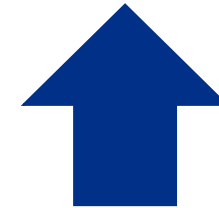
Predictability



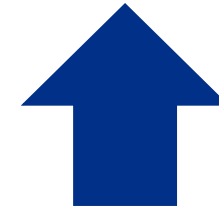
Duration



Consequences



Intensity



Accidental/Caused by Nature

Intensity

Intentional/Man Made



SREB Deployment Criteria

- Low Predictability
- Significant Consequences
- School Displacement
- Widespread Impact
- Resource Limitations

Phases of a Crisis Event

- Prevention
- Management
- Recovery



What is Recovery?

- A full year of processing, learning, growing following a traumatic event
- Unique to the individual
- Ongoing
- Non-linear



Full Year Recovery Support



- Restore Psychological Safety
 - Stabilization
 - Normalizing Reactions
 - Provide Coping Skills
 - Resiliency Building
- Compassion Fatigue Relief
- Year-Mark Support

The SREB Crisis Recovery Network Initiative

- Seeks to identify and equip 40 School Counselors in every SREB state with the skills needed to provide year-long recovery support.
- Coordinate deployment of counselors, leveraging the capacity of the Network across all SREB states to support the school or institution impacted.
- Coordinate with the local district, school, or institution to develop the most appropriate response informed by best practices, complementing existing support efforts.
- Cover all expenses associated with training and deployment, including meals, transportation, and housing.
- Provide mental health support to Network counselors during and following deployment.

The Process

- Lawmakers
 - Alabama, Arkansas, Georgia, Kentucky, South Carolina, Texas, Delaware have passed non-partisan resolutions in support of the SREB Crisis Recovery Network
- Superintendents
 - Visited seven states in person, virtual meetings with five states, and email correspondence only with four states (FL, MD, TX, and VA)
- School Counselors
 - State SC Associations, conferences, webinars
 - We have received applications from 10 states to date.

Why School Counselors?

- Daily responsibilities typically include working one-on-one or with small groups of students, providing brief, solution focused psychological first aid
- Do not offer or infer therapeutic services or long-term clinical counseling
- Do not diagnose, but are acutely aware of signs of potential harm, and familiar with referral processes within a school setting (SREB will always work under the guidance of the local superintendent, administrators, and school counselors)
- Ultimate goal is to remove barriers to learning to promote academic success and development of the whole child.

PREPaREing School Counselors



P - Prevent and Prepare for Crises

R - Reaffirm physical health and perceptions of safety

E - Evaluate psychological trauma risk

P - Provide interventions

and

R - Respond to mental health needs

E - Examine the effectiveness of crisis preparedness

North Carolina

Our first network training
March 5th and 6th, 2025



***Burroughs Wellcome Fund
Research Triangle Park
Raleigh, North Carolina
Dr. Sam Houston***

Professional Learning Outcomes

- Network members learn common language, skills and strategies for Crisis Response and Recovery.
- Builds capacity within their home district
- Builds sustainability within their region and state
- Recognizes their expertise and elevates their profession



Modeling and Practicing Interventions



Scenario Based Learning

A popular fifth-grade teacher at your elementary school was supervising his students on a field trip to a local lake. He tragically drowned after hitting his head on a rock while trying to rescue a student who had fallen into the lake.

- What factors do we need to consider?
- Who is impacted?
- What is the least restrictive, but most effective response?
- How do we evaluate the response effectiveness?

**District Level
Response**

Scenario Based Learning

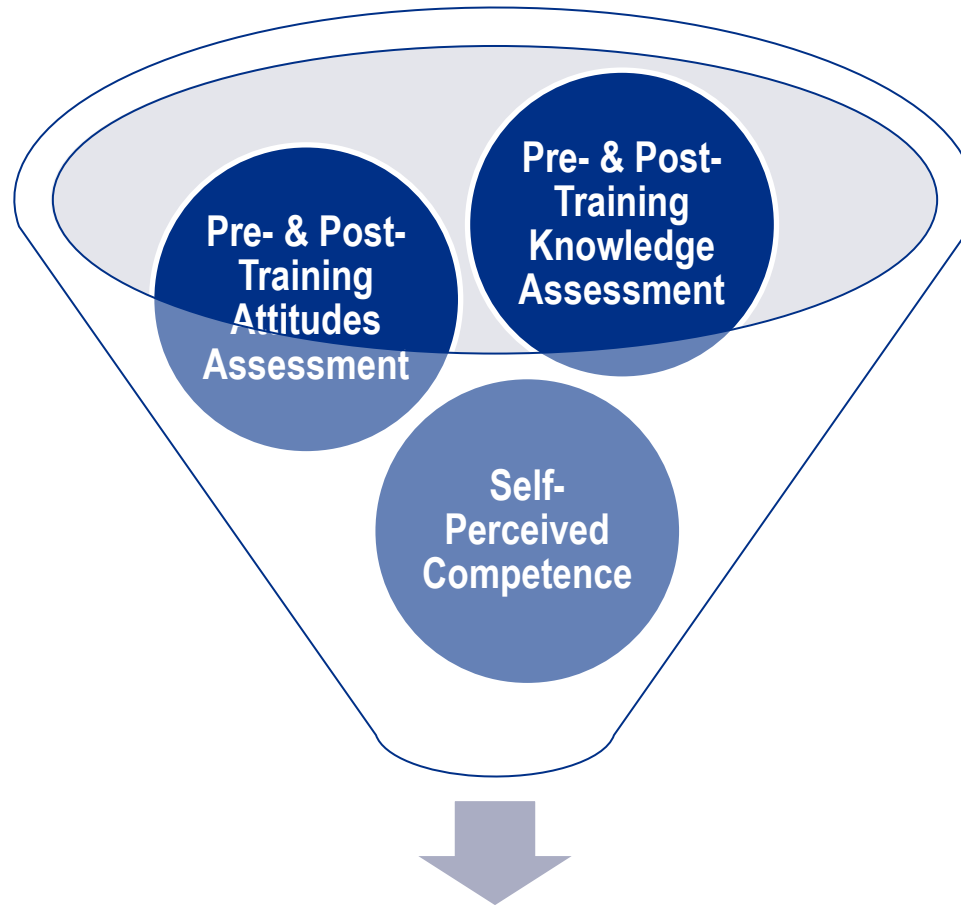
A gunman opens fire on a crowded playground, injuring several students and killing three people, including two children. The gunman is quickly neutralized by police, but the school is in lockdown for hours while police try to determine if the gunman acted alone.

- What factors do we need to consider?
- Who is impacted?
- What is the least restrictive, but most effective response?
- How do we evaluate the response effectiveness?



**SREB CRN
Response**

Impact of PREPaRE Training



Measuring the Impact

Pre- & Post-Training Knowledge Assessment

Items	% Change		Significance
Crisis Event	↑	83.9	✓
Crisis Reactions	↑	67.7	✓
PREPaRE	↑	22.6	✓
Triage Risk Factors	↑	58.1	✓
Psychological Trauma Signals	↑	9.7	
Psychological Trauma Warning Signs	↑	38.7	✓

Items	% Change		Significance
PREPaRE Interventions	↑	38.7	✓
Psychotherapeutic Treatments	↑	80.6	✓
Physical health and welfare	↑	6.5	
Individual Crisis Intervention	↑	45.2	✓
Reunification	↑	6.5	
Student Psychoeducational Groups	↑	54.8	✓
Caregiver Trainings	↑	22.6	✓

Top Knowledge Gains



Understanding Risk Classification
& Intervention Matching



Identifying Key Risk Predictors of
Psychological Trauma

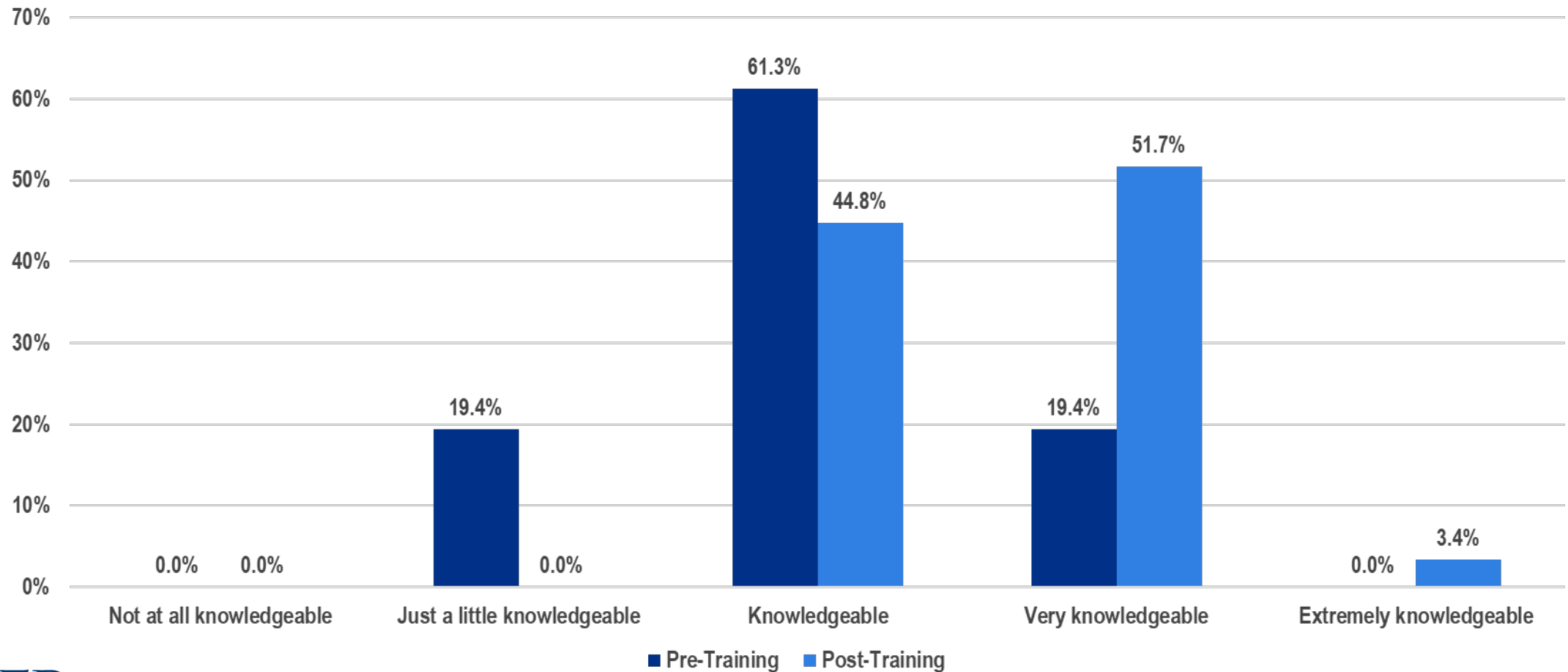


Differentiating Crisis Reactions
from Mental Illness

Foundation of Effective Crisis Recovery

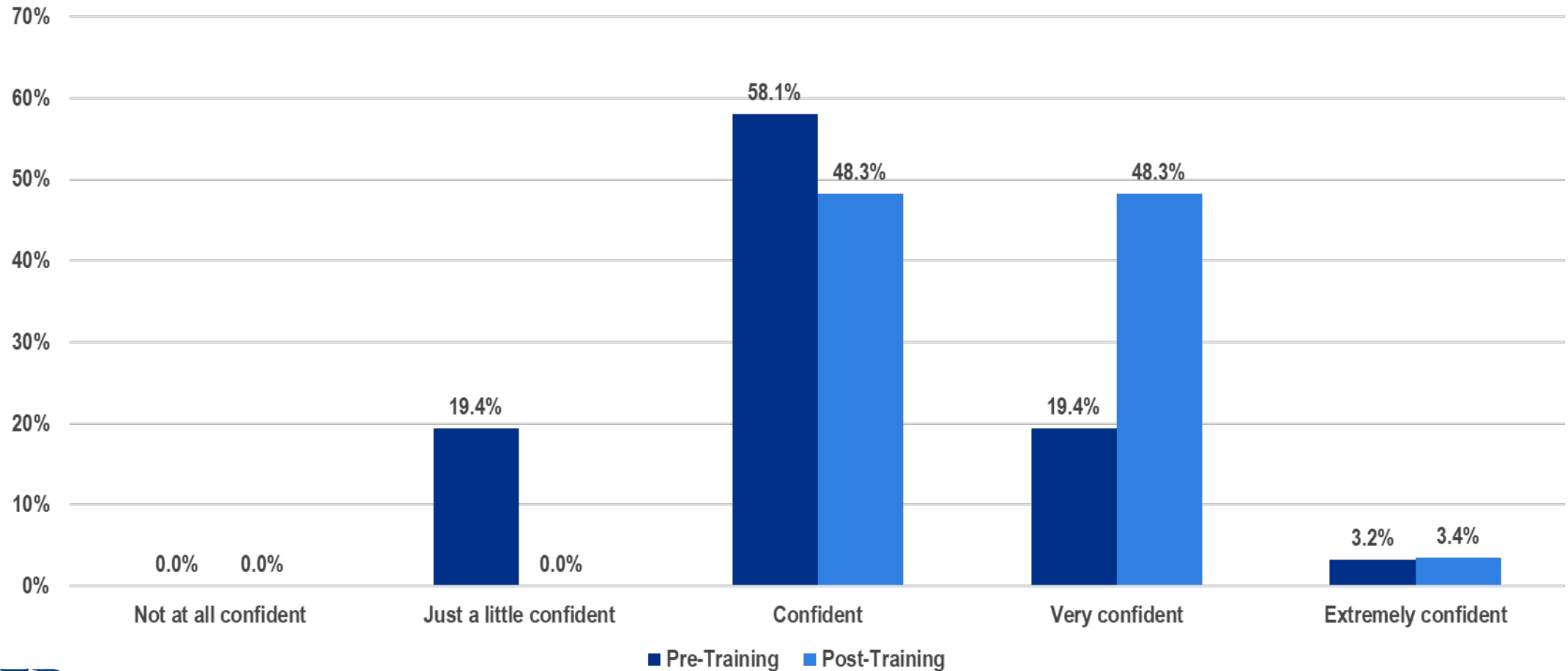
Pre- & Post-Training Attitudes Assessment

How knowledgeable do you feel you are about school mental health crisis interventions?

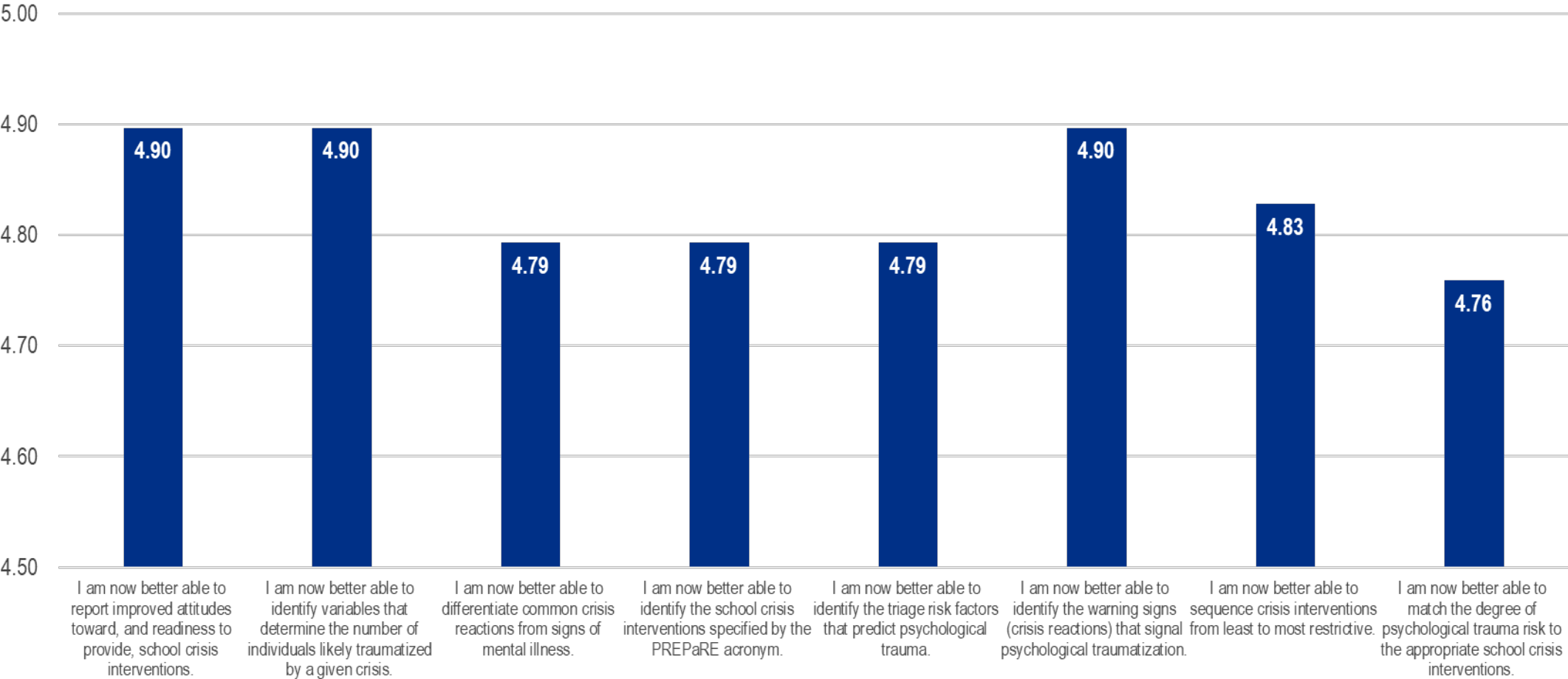


Pre- & Post-Training Attitudes Assessment

How confident are you in your ability to provide school mental health crisis interventions?



Self-Perceived Competence



Readiness Triangulation



From Theory to Practice

Our 1st Deployment



April 7th - May 22nd Yancey County Schools

Blue Ridge Elementary School

East Yancey Middle School

Cane River Middle School

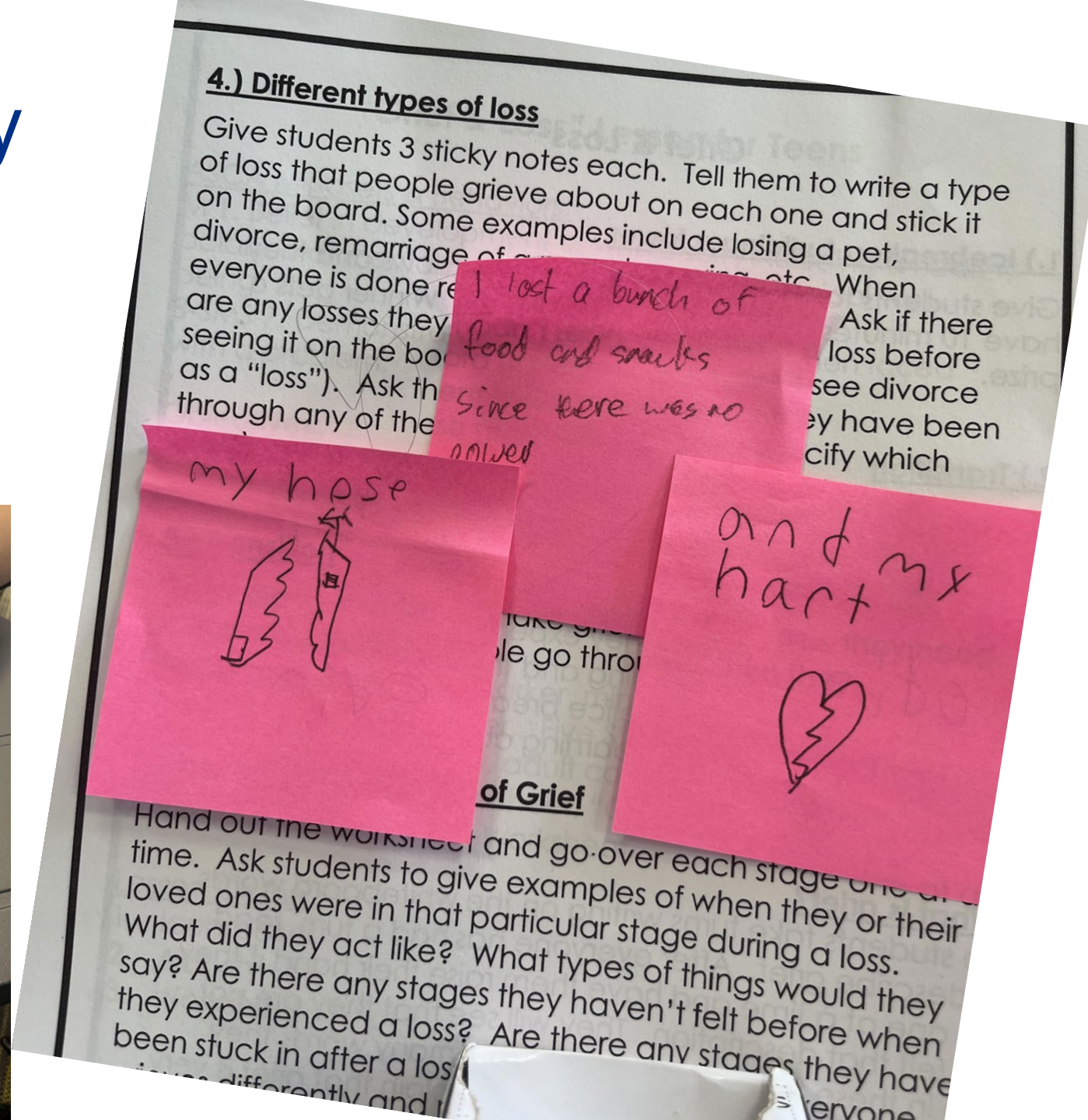
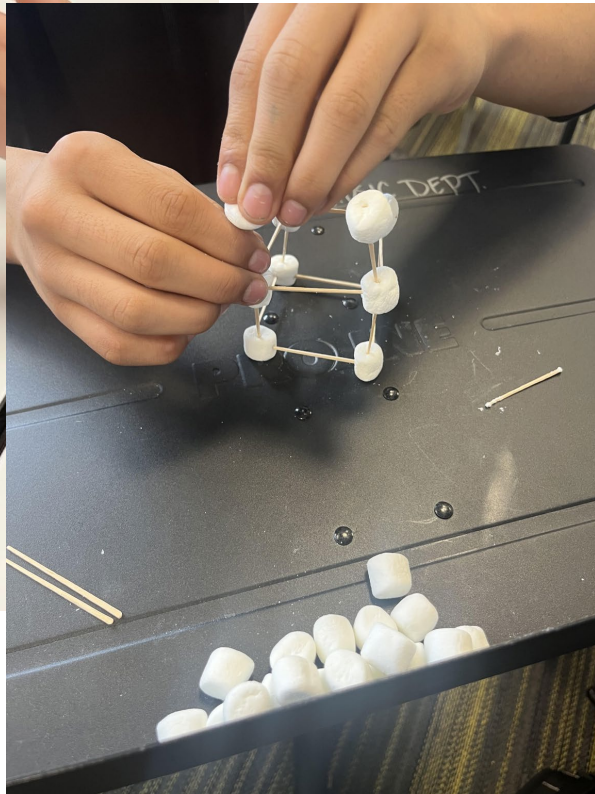
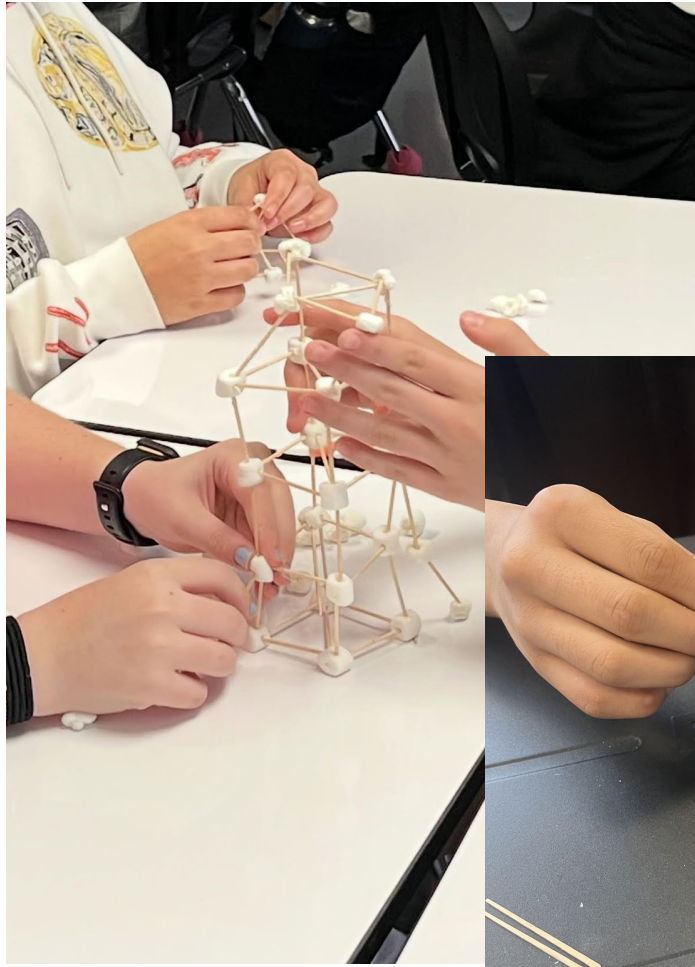
Mountain Heritage High School

Needs Assessment to Implementation

- Classroom lessons on Resiliency
- Self-Care support for Staff
- Compassion Fatigue Relief
- Daily Check-ins for Responders
- Weekly Debrief

*4 schools
22 Responders
74 Responder Days
1 therapy dog
50+ classroom lessons
150+ staff impacted
1400+ students impacted*

Lessons on Resiliency

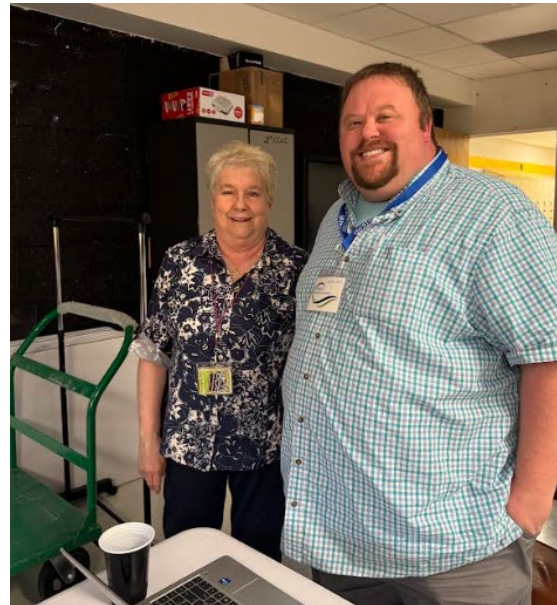




Week 1



Week 2





The SREB Crisis Recovery Team has added a vital layer of support, helping both students and staff navigate this difficult time and easing the compassion fatigue experienced by our educators.

Kathy Amos, Superintendent

SREB has been wonderful for EY. They have had such an impact by teaching resiliency lessons to students, covering lunches, and inspiring students.

Mr. William Byland, Principal East Yancey Middle School



Their presence brought much-needed relief and encouragement to our staff and students alike, and we truly appreciate their commitment to our school community.

Melanie Bennett, Principal Blue Ridge Elementary

Funding

- Governor Kemp provided \$160,000 for initial training of all sixteen states.
- We are requesting the board to approve an additional \$10,000 per state on their appropriations.
- Participate Learning is providing \$20,000/year.
- Reserve funding is available if needed.

Questions/Discussion

SREB

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Southern
Regional
Education
Board

SREB.org