

Developing psychiatric nursing in Southern Universities: Historical Perspectives from the SREB.

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Assistant Professor

Andrew W Mellon Faculty Fellow for Nursing & the Humanities

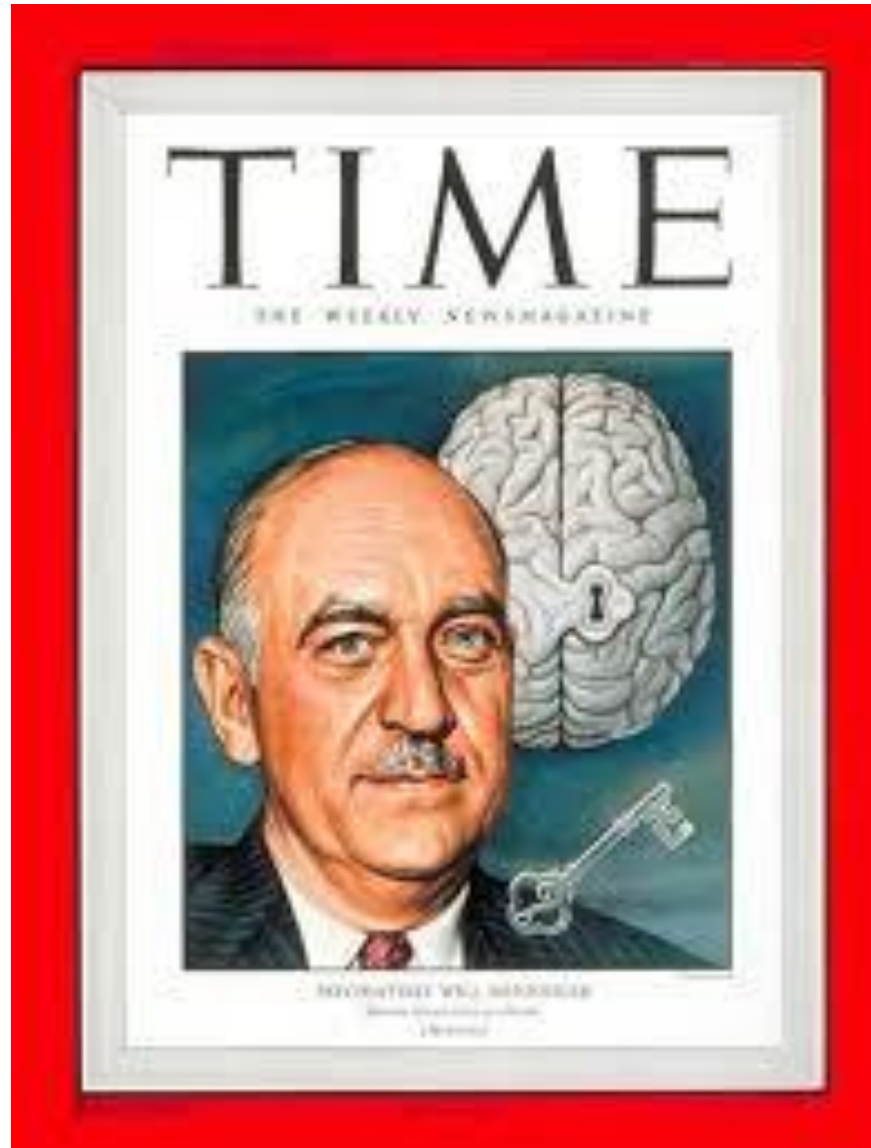
Nell Hodgson Woodruff School of Nursing

Emory University Atlanta GA

Mental health after WWII

An anxiety riddled age

- NIMH 1946
- Post war social stability
- Are you always worrying?
- Therapeutic culture
- Cold War, anti-communism, homophobia
- More than half of all hospital beds in psychiatric institutions





The Snake Pit 1948

Talking Therapy

- Argued that nurses could be therapists
- Required specialist knowledge
- Interpersonal relations and psychodynamic nursing
- How and where should this be taught?
- Psychiatric nursing first graduate clinical specialty
- Masters programs by 1950 in the North



Hildegard Peplau 1950

The Mental Health Training and Research Project

Southern Regional Education Board 1949-1970



Shown here is the first meeting of the SREB Commission on Mental Health Training and Research at Atlanta, January 15-16, 1954. Governor Frank G. Clement of Tennessee (seated to the right at head of table) is chairman.



Rufus Clement
Atlanta University



Charles S Johnson
Fisk University



Whitney Young
Dean of Social Work Atlanta University
Executive President National Urban League

an atlas on
mental health training and research
in the southern states

SOUTHERN REGIONAL
EDUCATION BOARD

MENTAL HEALTH
TRAINING AND
RESEARCH PROJECT

Southern Regional Conference on

*Mental Health Training
and Research*

Biltmore Hotel, Atlanta
July 21-24, 1954



Esther Garrison, Training and Standards
branch, NIMH

Kathleen Black, National League for
Nursing Education, NYC.

Virginia Crenshaw, SON, Vanderbilt.

Laura Fitzsimmons, Chief Nurse, VA
Hospital, August and President GSNA

Hildegard Peplau, Director, Graduate
Psychiatric Nursing Program, Rutgers
University.

Mrs Mary S Harper, Assistant Chief,
Nursing Education, VA Hospital,
Tuskegee, Alabama.

Florence Buechler, M.H. Cons, Georgia
Mary Harper, VA Hosp, Tuskegee
Mrs. Dorothy Hall, Oklahoma, Dept M.H.
Kathleen Black, N.N. Consultant, N.Y.C.
Mabel Karsel Emory Univ,
Julie Miller, Mass, Little Rock, Ark
Hanberg, VA. Regional Chief, Atlanta
Virginia Crenshaw, Vanderbilt, Tenn
Halina Zubovskii, Prog. Div. Duke Univ.
Mary R. Scott, " " , Univ. Tenn Memphis
Holmes, , Mississippi
Esther Garrison, Trn. Specialist, Dept H.E.W.
Winifred Mahut, Prog. Div. X.S.U.
Laura Fitzsimmons, VA Hosp, Augusta
Marie Ebertson, Board Nurse Examiners.
Purpose: Exchange information, suggestions re Trn R in Psy N.
- Training for graduate nurses
- Definition of psychiatric nurse - R.N. with advanced
preparation (above staff nurse) in clinical
psychiatric nursing.
- there are many nurses in psychiatry
- see Mintzer study;
- SRE 15 = preparation of clinical specialists
and development of Training centers
to do this. (above the 12-14 preparation
for staff nursing offered in undergraduate
nursing programs.)
- Need Clarification of levels for training (setting
standards for training and future)
- Basic prog. as preparation of general staff

Permit
VA Hosp
Washington
D.C.

NURSING GROUP
SOUTHERN REGIONAL CONFERENCE ON
MENTAL HEALTH TRAINING AND RESEARCH

July 22, 1954

Summary of Resolutions Included in Attached Statement

Recommendations are for:

- Support of training programs at the graduate level in universities
- Initiation and support of preparation of clinical specialists, teachers, supervisors, administrators, consultants and research workers in nursing
- Provision of interim support of programs for clinical specialists in psychiatric nursing at the bachelor's level
- Encouragement of upgrading of undergraduate nursing programs, especially improvement of basic psychiatric nursing education
- Initiation and implementation of research studies in psychiatric nursing
- Provision and support of interstate conferences for psychiatric nurses, offering inter-program consultation
- Provision of training for research in nursing for qualified psychiatric nurses
- Providing the Council with continuing consultation from a psychiatric nurse educator.

Supporting Statements for Summary

To meet the need for well prepared psychiatric nurses in the southern region, nurses' training and research programs should be developed as rapidly as possible. Preparation in programs which are conceived creatively and which explore and develop new and useful knowledge and expert competence in psychiatric nursing will enable graduates of such programs to function collaboratively in an interdisciplinary approach to the solution of mental health needs of the South.

Program
CONFERENCE
on
NURSING PERSONNEL
for
Mental Health
PROGRAMS

Western Hills Lodge
Sequoyah State Park
Wagoner, Oklahoma
March 26-29, 1957

Southern Regional Education Board

Tuesday, March 26

- 6:00-9:00 p.m. Registration—Lobby
8:00 p.m. Brief Meeting of Steering Committee,
Group Chairmen, and Recorders—Room
257A

Wednesday, March 27

- 9:30 a.m. Opening General Session—^{Choctaw}~~Seminole~~
Room
Chairman: Miss Beatrice Carruth, Associate
Professor of Psychiatric Nursing, School of
Nursing, University of Texas, Galveston
Welcome and Introductions: Miss Carruth
Announcements: Mrs. Mary Howard Smith,
Mental Health Associate, SREB
"The SREB and Its Mental Health Program"—
Dr. Wilfred Bloomberg, Associate Director
for Mental Health, SREB

Questions from the floor

- 10:30 a.m. Keynote Address: "Beyond the Legend of
Chronicity"—Dr. Otto von Mering, As-
sistant Professor of Social Anthropology,
Department of Psychiatry, University of
Pittsburgh School of Medicine, Pittsburgh,
Pennsylvania

Discussion from the floor

12:00 noon Lunch

- 1:30 p.m. Second General Session—Seminole Room
Chairman: Miss Carruth
"Educating the Nurse to Function in Psychi-
atric Services"—Dr. Hildegard E. Pepleu,
Director, Program in Advanced Psychiatric
Nursing, Rutgers University College of
Nursing, Newark, New Jersey

Discussion from the floor

- 2:30 p.m. Definition of Terms and Summary of Current
Types of Nursing Education: Miss Carruth
Organization of Work Groups: Dr. Pepleu

- 3:00 p.m. Work Groups Convene to discuss "What
changes are needed to (a) improve the use
of nursing personnel in mental health pro-
grams? (b) improve the training of nursing
personnel for this work? (c) increase the
number of nursing personnel available for
this work?"

[All groups will discuss all three questions.
Responsibility for recommendations on (a)
will be assigned to Groups I, II, and VII; (b)
Groups III and IV; (c) Groups V and VI.]

- Group I—Cottage 18
Miss Marie Van Son, Chairman
Group II—Cottage 18
Miss Theresa Fernandez, Chairman
Group III—Chickasaw Room
Mrs. Eleanor A. Loija, Chairman
Group IV—Creek Room
Mrs. Mary Raines Watkins, Chairman
Group V—Choctaw Room
Miss Lillian Murphy, Chairman
Group VI—Room 257A
Miss Marjorie Bartholf, Chairman
Group VII—Room to be announced
Miss Kathryn Fritz, Chairman

5:00 p.m. Work Groups Adjourn

5:30 p.m. Informal Reception—Choctaw Room

7:00 p.m. Informal Dinner and Entertainment—
Seminole Room

Thursday, March 28

9:00 a.m. Work Groups Reconvene

12:00 noon Lunch

1:30 p.m. Work Groups Reconvene to Prepare
Reports

3:30 p.m. Work Groups Adjourn
Meeting of Steering Committee, Group
Chairmen, and Recorders—Room 257A

3:30-8:00 p.m. Free Time

8:00 p.m. Third General Session—Seminole Room
Chairman: Miss Carruth

Presentation of conclusions of group discus-
sions on "What changes are needed?"

Discussion and Conference consensus

10:00 p.m. Adjourn

Issues and debates

- What states had the greatest need?
- Who had the best existing resources, including clinical affiliations?
- Who had or could have masters programs?
- Should psychiatric nursing be part of general or specialist educations?
- What sort of practice ideas and theories should be included?
- Who was qualified to teach at this level?
- How should programs be arranged to meet all levels of need?
- Where would the money come from?

Psychiatry & Nursing in Alabama



Bryce Hospital Tuscaloosa



Women's Park and Lawn, Bryce Hospital.



Searcy Hospital Mt Vernon



Court for Women, Showing Group of Patients.

The Bryce Hospital
Tuscaloosa, Alabama
December 6, 1952

Hon. Gordon Persons,
Governor of Alabama,
Montgomery, Alabama.

Dear Sir:

The report in re Alabama State Hospitals, which is herewith submitted explains itself.

Attention is urgently called to the following:

The Hospitals need,

1. More doctors,
2. More nurses and attendants,
3. More and better buildings,
4. Better equipment,

all of which boils down to this:

They need more MONEY.

These needs can only be supplied by the people of Alabama, acting through their representatives in the Legislature.

We hope and believe that the Legislature will now meet the responsibility resting upon it, and supply the funds with which to meet these needs.

Respectfully submitted,
JOHN D. McQUEEN,
H. B. SEARCY,
J. C. INZER,
J. MAC BELL,
J. D. PERDUE,
GORDON D. PALMER,
JOHN L. BRANCH,
Trustees of Alabama
State Hospitals.

Tuskegee

First baccalaureate in Alabama –
1949

Federal funding through VA

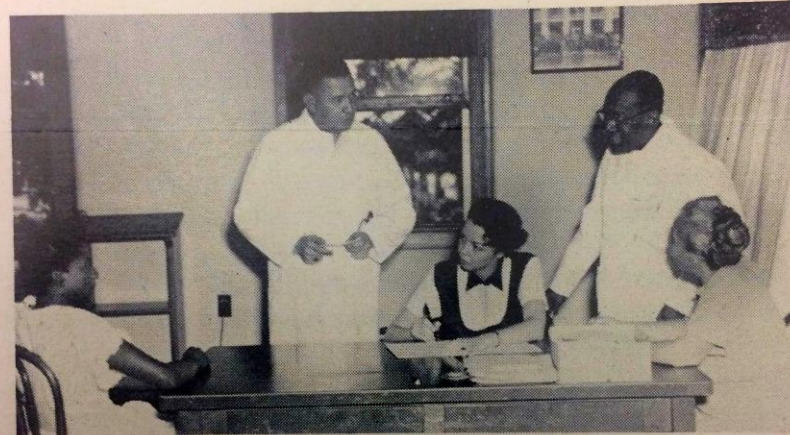
Affiliations at Crownsville State
Hospital Maryland

Mental hygiene clinic

Highly skilled psychiatrists

Desegregated patient and workforce

The Tuskegee Clinic first opened in 1949 after nearly ten years' effort by the Tuskegee Mental Hygiene Society. It is still sponsored by this organization. In its beginning the clinic was staffed entirely by volunteers. Now they have a full-time social worker, Mrs. Vera C. Foster, and a half-time clerical worker, Mrs. Jessie Abbott. The Clinic Director, Dr. P. P. Barker of the local V. A. Hospital staff, con-



Left to right: Patient from Macon County; Dr. H. E. Dibble, Director of John A. Andrew Memorial Hospital; Mrs. Vera Chandler Foster, Social Worker; Dr. P. P. Barker, Psychiatrist; and Mrs. B. B. Walcott, Executive Secretary of the Mental Hygiene Society.

tinues to give his services to the clinic program. Four more psychiatrists from the V. A. Hospital also work voluntarily.

The Clinic is now open twice a week – from 3 to 4:30 each Monday and Wednesday afternoons. It operates as an out-patient clinic of the Andrew Memorial Hospital on Tuskegee campus. Dr. A. J. Davis, Head of the School of Education at Tuskegee and President of the Mental Hygiene Society, has great hopes for the future of this program.

University of Alabama

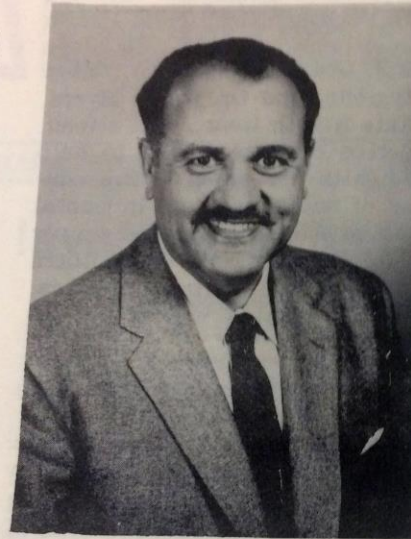


Deans Florence Hixson and Marie O'Koren 1967

1958

- integrating mental health and psychiatric concepts throughout all of the courses in the curriculum.
- to help both faculty and students in utilising mental health concepts in the teaching and learning processes and in the nursing care of patients

NEW MEMBER ADDED TO STATE STAFF



Dr. Arthur H. Dohlstrom

Dr. Arthur H. Dohlstrom has joined the Division of Mental Hygiene as a Clinical Psychologist Consultant. In his new position, Dr. Dohlstrom will be primarily interested in the training of mental health workers. He will be available for consultative services in the area of mental health to interested groups and organizations.

Dr. Dohlstrom is a graduate of New York University and was a member of the faculty of the School of Education. He also taught psychology at Skidmore College, Saratoga Springs, New York. For the past five years he was associated with the Dade County Child Guidance Clinic in Miami, Florida. Within the community and the state he has conducted many workshops in Parent Education and Human Relations and expects to continue these activities in Alabama. Attached to the State Staff, Dr. Dohlstrom will work out of Montgomery. We welcome "Art" and his wife Barbara to Alabama. The Dohlstroms are making their home in Montgomery.

1963

CANCELS
DISPUTE
L CHARGE

BIRMINGHAM BOMB KILLS 4 NEGRO GIRLS IN CHURCH; BOY SLAIN IN PROTEST RIOT

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T. C. DOTY

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AP Photo Wirephoto
AFTER BLAST: Rescue workers examine debris outside Negro church in Birmingham

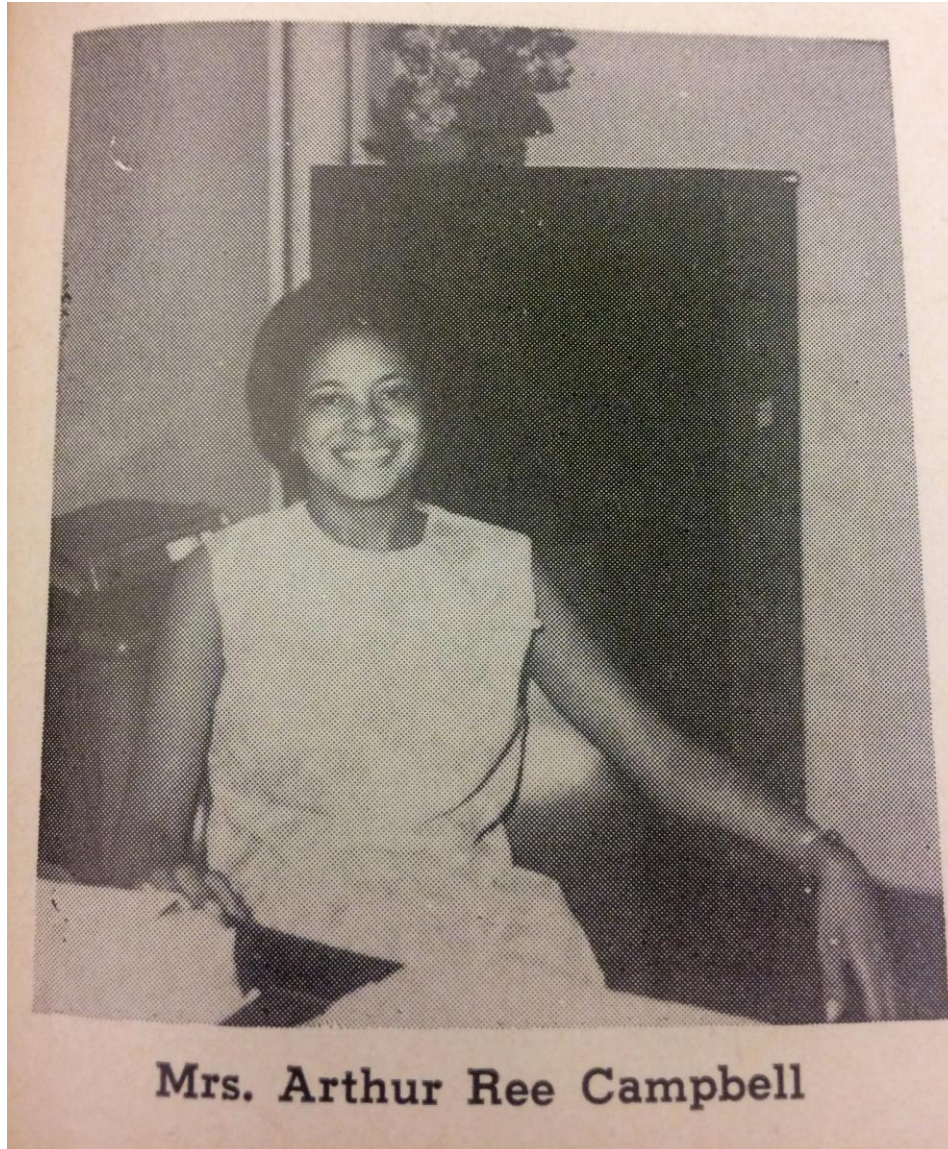
Full-Scale F. B. I. Hunt On 14 HURT BY BLAST In Birmingham Bombing

1966



1971

- Masters in Psychiatric Nursing
- Arthur Ree Campbell
- Eloise Clarke
- Cynthia Rector



June 20, 1972

A PROGRAM OF TRANSITIONAL SERVICES
FOR THE MENTALLY ILL
BRYCE AND SEARCY HOSPITALS

PHASE I - EVALUATION AND SELECTION

PHASE II - PRE-RELEASE SERVICES

A. Existing Services

B. Proposed Services

1. Library Service \$37,000

2. Educational Therapy

3. Manual Arts Therapy

4. Arts and Crafts Therapy

5. Physical Therapy

6. Corrective Therapy

7. Recreational Therapy

8. Music Therapy

9. Legal Services - Betty

10. Volunteer Services - 1 to each 50 wards + community (link)

11. Transportation Services (To take pts to shops, etc)

Phase III - TRANSITIONAL SERVICES (In Community)

200 group homes (stay 6 months)
67 day care ctrs - 1 each county
46 community centers

(What do I over
5 houses.
2500 jobs to fill)

Staff
53 Staff Bryce - 7 MD - 7 SW 2 Psychol PhD, 6 MA,
comprehensive drug, Tr Plan
Teams - 60 pts a 1 Psy 1 Psychol, 1 RN, 2 SW, other
34 Teams -> 13 N. des, 13 SW Tech
17 other Teams, Adjustment, grooming, 1 Voc 3 activity, 1 adult
Goals - Dev Self care skills basic sks,
- Voc Tr 1 home care

2 school activities

So what?





