

Carpe Diem

NOVEMBER 6, 2018

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Carpe Diem

- ▶ Seize the moment or timing is everything.
- ▶ Influential persons in my professional journey
 - ▶ Grandmother
 - ▶ Leilee P Ault
 - ▶ Gretta Styles
 - ▶ Jean Watson
 - ▶ Randy Pausch
 - ▶ Robert Greenleaf
 - ▶ Students and Colleagues along the way

Jean Watson PhD, RN, AHN-BC, FAAN

- ▶ Watson's caring science theory and Caritas Processes™ have created pathways for nurses to care for themselves and their patients in more meaningful ways. She has pushed toward innovation in research and education for nurses during times when the profession was reluctant to change.



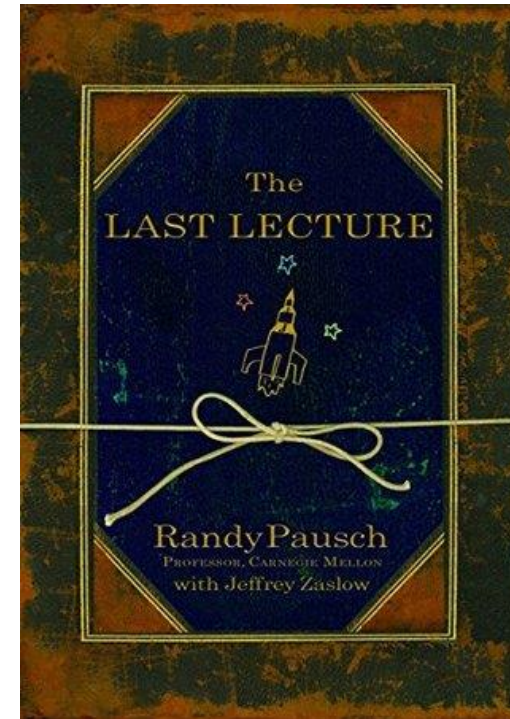
Margretta (Gretta)
Madden Styles, EdD,
RN, FAAN

- ▶ Inspirational leader
- ▶ Caring
- ▶ Understanding
- ▶ Direct
- ▶ Authentic leader



Lessons from “Last Lecture”

- ▶ Valuing people more than things
- ▶ Earn self-esteem by learning and trying to be your best
- ▶ Complaining is a waste of time – Do something
- ▶ Don't be afraid to fail – focus on living a full meaningful life, realizing your dreams
- ▶ Time is your most valuable commodity
- ▶ If there is an elephant in the room – “Introduce It”



Last Lecture

- ▶ “Earnestness is highly underestimated” – it comes from your core
- ▶ Learning and self-awareness
- ▶ Arrogance and inflexibility can prevent you from maximizing your accomplishments
- ▶ Happy or Sad?” – “It Is Up to You

Servant Leadership

▶ **Servant leadership**

- ▶ a philosophy & set of practices
- ▶ enriches the lives of individuals
- ▶ builds better organizations and ultimately creates a more just and caring world.

Differences in Servant Leadership

- ▶ Focus on other's highest priority needs
 - ▶ Do those served grow as persons?
 - ▶ Do they, become healthier, wiser, freer, more autonomous,
 - ▶ Will they more likely themselves become servants?
 - ▶ And, what is the effect on the least privileged in society?
 - ▶ Will they benefit or at least not be further deprived?"

Servant Leadership focus

- ▶ Servant-leader
 - ▶ focuses primarily on the growth and well-being of people and the communities
 - ▶ Shares power
 - ▶ Puts needs of others first
 - ▶ Assist those they work with to develop and perform as highly as possible
- ▶ Traditional leadership
 - ▶ Focus is on power
 - ▶ Accumulates power
 - ▶ Moves to top of pyramid
 - ▶ Paternalistic
 - ▶ Top down leadership

Two types of Leaders

Shepherds

- ▶ know their sheep
- ▶ lead from the front
- ▶ know the right way.. the only way
- ▶ talk softly and whisper
- ▶ rule with love
- ▶ protect the sheep with their life

Shepherders

- ▶ view sheep as numbers
- ▶ control, drive from rear
- ▶ are looking for shortcuts
- ▶ use a loud voice, use authority
- ▶ coerce with fear
- ▶ protect their own life and reputation

Differences

Sheep willingly follow the **Shepherd**;
Eventually sheep leave the **Shepherd's** flock.



Authentic Leaders

- ▶ **Authentic leaders are shepherds:** positive, ethical, values-driven and collaborative; these behaviors earn trust and respect of followers and influence follower performance *through **four components***:

Component	Description
Self-awareness	“Know yourself”
Balanced Processing	“Be fair-minded”
Internalized Moral Perspective	“Do the right thing”
Relational Transparency	“Be genuine”

Leadership lessons

- ▶ Know your vision and leadership style
- ▶ Always be moving forward (standing still will move you backwards)
- ▶ Be transparent, know when to be silent and when to speak
 - ▶ Silence is sometimes perceived as agreeing
 - ▶ Your folks need to know where you stand (do not change your message multiple times, it feels like quicksand and creates distrust in followers)
- ▶ Do not hesitate to pitch in when help is needed.
- ▶ Give honest straight forward feedback, thanking persons always.

Leadership lessons

- ▶ Acknowledge you cannot do everything yourself-build partnerships both in academia and communities.
 - ▶ In building partnerships and networks, focus on knowing your partners not just adding notches to your belt (they know if your are not authentic)
- ▶ Push yourself to know more than your discipline (story of wild pigs)
- ▶ Be authentic
- ▶ Know yourself (constant effort)
- ▶ Listen to your peers, students, both verbally and non verbally.

Stephen Brookfield PhD

- ▶ Critical thinking
- ▶ Educator



The Authentic Teacher

- ▶ In education, the term **authentic learning** refers to a wide variety of educational and instructional techniques focused on connecting what students are taught in school to real-world issues, problems, and applications.
- ▶ An authentic teacher is one who:
 - ▶ Connects the students with real world issues and facilitates with the student solutions.
 - ▶ Teacher is authentic, shares of themselves and is present with the student.
 - ▶ Student learns by doing, questioning, and using critical thinking.



Mentorship or giving back

▶ Mentor

- ▶ Find someone coming up behind you or a student who's interested in your field.
- ▶ Commit time and energy to developing your mentee.
- ▶ Give open, honest input—even when it's hard
- ▶ Build trust with your mentor

▶ Mentee

- ▶ Find someone whose career path aligns with your goals and work hard to get noticed.
- ▶ Show your mentor you value her time by using it wisely.
- ▶ View feedback as a gift
- ▶ Don't just mentor—sponsor!



Summary of Roles



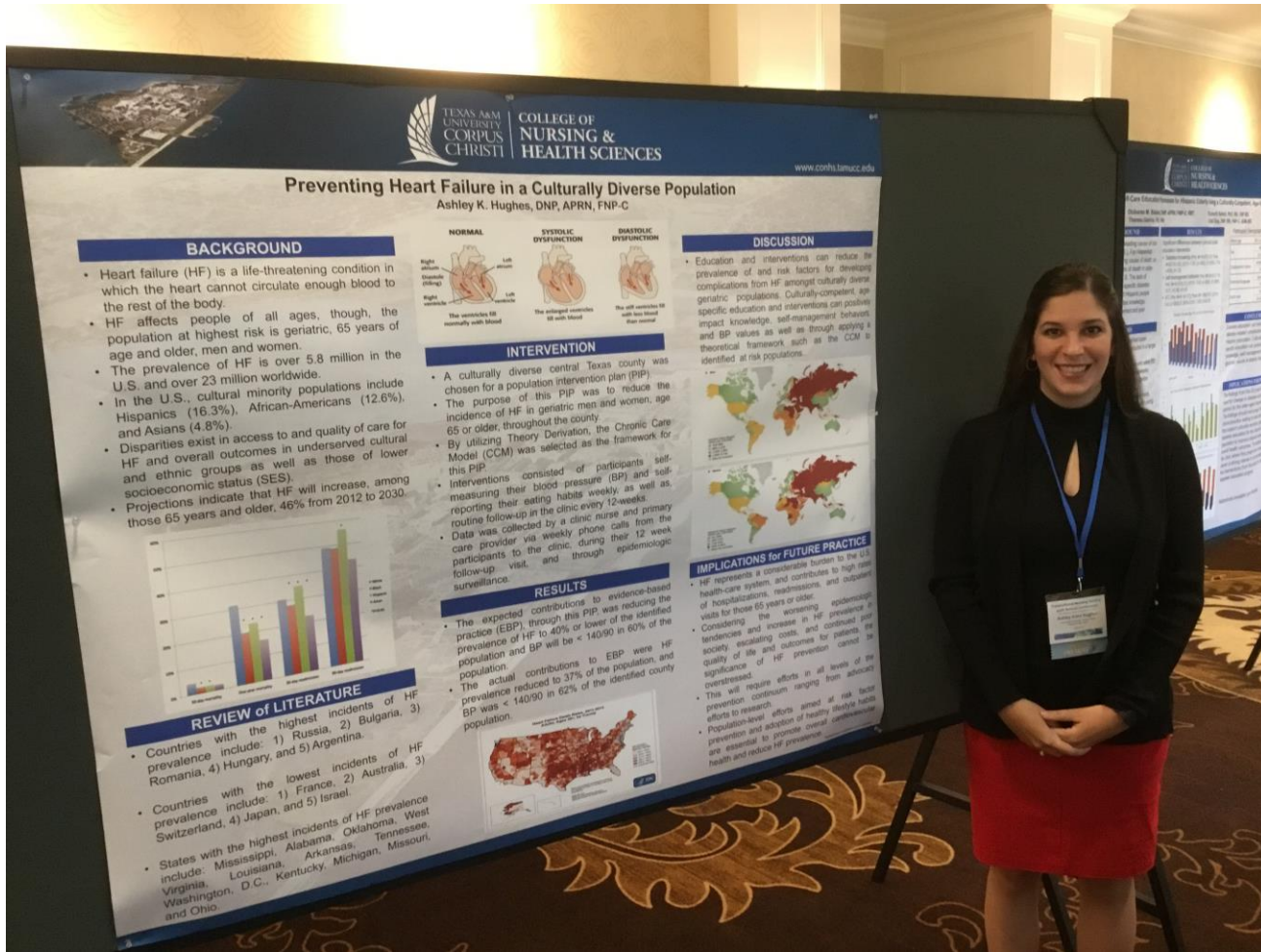
LEADER



EDUCATOR



ADVOCATE



Questions
and
Thoughts